# embroidery kit INSTRUCHONS 

## This kit includes:

- hoop
- needle
- thread
- fabric with original pattern
- step-by-step instructions


## What you'll need:

- scissors
- a sparkling beverage
- a few hours
- a little patience


## Prep Your Cloth \& HoOp



Before you start, iron the cloth with the steam set to off to remove wrinkles. It's okay to iron over the design.

Loosen the screw at the top of the wooden embroidery hoop and separate the two hoops. Lay the smaller hoop on a table, then lay the piece of fabric over the smaller hoop, making sure the design is in the center of the hoop. Lay the larger hoop over the fabric and small hoop, then push the larger hoop down, sandwiching the fabric between the two hoops. Tighten the screw and pull the fabric taut. Keep tightening the screw until it feels tight, but not too tight. If you tap on the fabric it should sound like a drum.

If your thread didn't come pre-cut, use an arm's length (hand to armpit) at a time.
Embroidery floss has multiple strands of thread. Using less strands gives you more detail. Your kit includes 6 -strand embroidery floss, but you will only need 2 strands at a time for this project. Separate the floss so you end up with three 2 -strand pieces. You'll have extra floss at the end of this project. Make something else with it!

Make a knot at one end of the floss and thread the needle with the other end. Moisten the end of the thread (with water, your mouth, or something like chap stick) to make it easier to thread the needle. After you have thread the needle, make sure the end with the knot is long and the end without the knot is hanging about 4 inches.

Prep Your Thread \& Needle

## Stitching



Always start your stitches from the back of the fabric, and pull the thread all the way through the fabric until you feel the knot act as an achor.

When you are stitching and start to notice you only have about 5 or 6 inches of thread left on your needle, it's time to change your thread. First, knot or tie the thread you are currently using in the back of the fabric. If you don't, the embroidery will unravel. Then snip off any extra thread so it doesn't tangle. Then thread your needle with a new piece of thread.

## Stitching Instructions

## The Back Stitch

The back stitch is one of the most common stitches in embroidery. From the back of the fabric, the needle goes up through $B$ and down through A. Up through C and down through B. Up through D and down through C. Up through E and down through D. Each stitch hops "back" one before moving forward. Hence the name "back stitch".


How the stitch continues:


## The French Knot

This creates a cute little raised knot. From the back of the fabric, the needle goes up through A (be sure to pull the thread all the way through first before moving on). Then wrap the thread around the needle 6 times (shown as B), then slip the needle back into the fabric at $C$, which is right next to A. Slowly pull the thread down all the way, looking out for and fixing tangles. Moving too fast will cause the thread to tangle.
(This one can be tough. Check out the tutorial on my website www.theothercat.co/tutorials)

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For The Twinkler: From the back of the fabric, the needle goes up through A and down through B. Up through $C$ and down through D. Up through E and down through F. Up through $G$ and down through H .


## Color \& Stitch Guide

This pattern uses three different stitches. The guide to the right shows what stitches to use and where to use them.

If you do not have a full white kit, the colors are up to you! Follow the color guide below, or decide on your own. Get creative and mix up the colors however you like!

How long should my stitches be?

It's up to personal preference, but a good rule of thumb for this kit is shown to the left.


| The White Kit | White | White | White |
| :--- | :---: | :---: | :---: |
| The Blues Kit | Light Blue | Medium Blue | Dark Blue |
| The Greens Kit | Teal / Dark Green | Greens | Neon Green |
| The Pinks Kit | Dark Pink | Peachy Pink | Golden Yellow |

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